

Sandwiches £6

Served on toasted white, brown or ciabatta served with mixed leaf salad

Pan seared free-range chicken breast, smoked bacon, red onion and grain mustard mayonnaise

Tuna melt with Montgomery cheddar

The Foresters BLT

Battered Fish Fingers

Sausage Sandwich

Smoked Salmon, Cream Cheese and Rocket

Steak with Horseradish Cream **£8**

The Foresters Club Sandwich **£8**

Salads

Goat cheese & walnut

Goat cheese, rocket, watercress, spinach, orange and walnut with homemade dressing
£11

Classic Caesar £10

add chicken £2

Garden Salmon

Salmon, Courgette Ribbons, Mix Leaf, Peas, Radish, fresh lemon dressing
£12

Mains

Chefs Special Omelette **£7**

Extra fillings 75p tomato, mushroom, onion, smoked bacon, black pudding, chorizo

Three bean and Sweet potato Veggie Burger with beetroot mayo and fries **£9**

28 day dry aged Ribeye Burger served with fries **£10**

Ale battered Atlantic Cod and fries **£12**

Gammon steak with fried egg, mixed salad and fries **£12**

Sausage and Mash, served with mash and homemade jus **£12.50**

King Prawn Linguini, courgettes, parsley, garlic & red chili **£12.50**

Please inform your server if you have any special dietary requirements, intolerances or allergies and we will be more than happy to assist you or offer you an alternative choice.

All dry and dairy ingredients, meats, fish and vegetables used are freshly prepared on the premises, free range, of the highest quality and are from a sustainable source.